

# 2009 College Health Leadership Summit Agenda

Friday, October 16<sup>th</sup>, 2009  
Town Hall, 1119 8<sup>th</sup> Ave, Seattle WA  
(206) 652-4255

- ❖ **9:00 a.m. Check-in Begins for Participants in Town Hall Atrium (First Floor)**  
*Pick-up your participant packet during check-in.*
- ❖ **9:00-9:45 a.m. Coffee and Morning Snack in the Town Hall Atrium (First Floor)**  
*Meet other Summit participants and WHF staff members.*
- ❖ **10:00 a.m. Morning Panel Begins in Great Hall**
  - Opening Speaker: Greg Vigdor (CEO of Washington Health Foundation) [3 min]  
Kelsey Williams (Western Washington University Student and WHF Intern) [3 min]
  - 10:06 - Expert panel presentations and discussion:  
Moderated by George Cheung (Director of the Win/Win Network and Founder of Equal Rights Washington) [~50 min]
    - ◆ Health Insurance/Prevention – Brady Cass (The Regence Foundation)
    - ◆ Mental Health/Depression – Anil Coumar, PhD. (Director of the University of Washington Mental Health Clinic)
    - ◆ Physical Activity/Nutrition – Brad Stewart or Joanne Greene (Washington State University Wellbeing Center)
    - ◆ Prescription & Over-the-Counter Drugs – Jason Kilmer, Ph.D. (UW Professor)
    - ◆ Sexual Health – Faye Ziegeweid (Planned Parenthood of the Great Northwest)
  - 11:00 - Audience question and answer session with expert panelists [10 min]
  - 11:10 - Transition to student panel  
*Video presentation of student interviews and welcoming address from Attorney General Rob McKenna.* [15 min]
  - 11:20 - Student panel presentations and discussion [25 min]
  - 11:50 - Question and answer session with student panelists [10 min]
- ❖ **12:00 p.m. Networking Lunch (Ground floor)**  
*We will have a lunch-time competition that will require participants to work in groups with students from each of the participating institutions.* [40 min + 5 min transition time]
- ❖ **12:45 p.m. Breakout Session 1 (in foyers on either side of first floor atrium and downstairs)**  
*It is requested that you attend the breakout sessions you signed up for during the morning registration.* [60 min + 5 min break]  
*This session will involve brainstorming:*
  - *The factors contributing to your group's health problem*
  - *Ideas for effective intervention strategies*
  - *Important principals for campus health reform**Each group's leader will bring their top two principals to the Town Hall Discussion.*

- ❖ **1:50 p.m. Campus Health Administrators Round-table (Location TBD)**  
*This time will offer health administrators from the various institutions an opportunity to discuss statewide student health issues. The Washington Health Foundation will facilitate a roundtable conversation focused on creating an efficient and effective means of coordinating statewide action and communication on college health. [50 min + 5 min break]*

- ❖ **2:45 p.m. Town Hall Forum Discussion in Great Hall and Drafting of the Principles for College Health Reform Resolution**  
*One presenter from each group will participate in the Town Hall discussion. They will present the two principals proposed by their group: 1 broad campus health reform principal, and 1 principal specific to reform within their groups focus health topic. These will be organized into a prioritized list during the Town Hall Forum. [45 min]*

**Groups:**

Health Insurance 1	Rx/OTC Drugs 1
Health Insurance 2	Rx/OTC Drugs 2
Mental Health 1	Sexual Health 1
Mental Health 2	Sexual Health 2
Nutrition/Physical Activity 1	
Nutrition/Physical Activity 2	

*The principals determined by each group during Breakout Session 1 will be compiled by WHF interns during Breakout Session 2. The result will be 10 broad campus health reform principals, and 2 issue specific reform principals for each health topic.*

*The representative from each breakout topic group will have 30-45 seconds to present their group's two principals—one broad, and one topic specific. The primary focus will be on selecting one principal related to each specific health area, as well gaining consensus on a ranking of the broader health principals proposed by each group.*

- ❖ **3:30 p.m. Meet with Students from your University**  
*Quickly exchange contact information. Brief discussion among students on which ideas seem best suited for their campus [meet in small groups throughout Great Hall] [10 mins]*

- ❖ **3:40 p.m. Campus Health Administrators Panel**  
*This panel will provide an opportunity for participants to interact with university health professionals and begin to frame the discussion around campus health reform. [50 mins]*

Panel will include representatives from:

University of Washington	Washington State University	Western Washington University
Eastern Washington University	The Evergreen State College	Seattle University
College of the Arts	Walla Walla University	Cornish University
		Bastyr University

- ❖ **4:30 p.m. Closing Remarks**  
*Greg Vigdor [5 mins]*

- ❖ **4:35 p.m. Departure**